



May 2011

Dear Mission Trip Attendee,

It's almost time to go on this year's incredible mission trip to North Dakota! We are really excited to see what the Lord is going to do on this trip. And we're excited to experience this unique adventure with you! This year we are partnering with the Evangelical Bible Church (EBC) in Dickinson, ND to minister to the people of Mandaree on the Fort Berthoud Reservation. Go to www.dickinsonebc.com and click on 'missions' to see a list of projects we'll work on in Mandaree.

There are some things you need to do and need to know before we embark on this adventure.

1. **Make sure the following forms have been signed. Copies are available on line at www.rocklandcc.org under 'Youth Ministries Webpage' then under 'Resources and Forms' . Or you can pick them up outside the main office at Rockland. Return them to Judi Hine at Rockland by June 1st. One is two-sided, please check to make sure you sign all the pages.**
 - Rockland's Release and Indemnification, Hold Harmless Agreement/Permission/Medical Information and Release
 - Mission Trip Covenant
 - Alternate Transportation (if it applies to you)
2. Attend the Sunday a school session that's important to the mission trip! That's **Sunday School on May 29th at 10:00 am (we begin the summer schedule this day)**. The Mission Trip attendees will be asked to go into the end of the **10:00 am** service on **May 29th** the group will be prayed over and commissioned. Call and let Kathryn know you will be at this important meeting!
3. If you haven't finished paying yet you have until May 30th (To see what you've paid and/or what you owe, look at the end of this letter).
4. If you are traveling other than on Rockland's bus, please e-mail Judi with the flight confirmation and/or travel plans. Also fill out the 'Alternative Travel Plan' sheet. **This is very important!!!**
5. And don't forget the **Car Wash & Pancake Breakfast!** Be at the church at **7:45 a.m. Memorial Day, May 30th**. We'll finish at **11:30 am**. **If you can only come for**

part of the time, that's great! Please RSVP to Kathryn for this, save her a phone call!

6. Forms you'll need. Either download them or get them at church:
- Rockland's Release and Indemnification Agreement/Medical Information/Release Form (return, signed, both sides)
 - Alternate Transportation Form (return if it applies to you)
 - Mission Trip Youth Covenant (return, signed)
 - Rockland Clothing Policy /What to bring/Rules for Electronics
 - Schedule overview and money needs/Phone list for parents to keep

We could use a couple more male chaperones on the trip, dads or college guys. If you can help please let Ed know right away.

In His Grip,

Ed
303-526-0668 x209
elange@rocklandcc.org

Kathryn
303 524-5573 (call or text)
kherrmann@rocklandcc.org

Judi
303-526-0668 x207
jhine@rocklandcc.org

What you've paid and/or owe

Paid_____ Earned in Burrito sales_____ Earned from King Soopers_____ You owe_____

REMEMBER: RSVP ABOUT THE CAR WASH (will you be there?), AND IF YOU WILL BE AT THE 29th SUNDAY SCHOOL CLASS AND 10 AM CHURCH SERVICE ON THE 29th FOR THE MISSION TRIP COMMISSIONING. You can also call or e-mail Kathryn Herrmann at x 309 or kherrmann@rocklandcc.org or Judi Hine 303-526-0668 x207 or jhine@rocklandcc.org

Release, Indemnification, and Hold Harmless Agreement and Agreement Not To Sue

Rockland Community Church (the ‘Church’) and the **Participant** believe it to be mutually beneficial to both the Church and Participant for Participant to travel to Dickinson and Mandaree, North Dakota to perform missions work and to participate in certain work projects, and to enjoy the natural wonders of the States of North and South Dakota. The Participants will travel to North Dakota on or about June 3, 2011 and return on or about June 13, 2011 (the ‘‘Trip’’).

1. Definitions
 - a. The term ‘‘Church’’ means Rockland Community Church, 17 S. Mt. Vernon Country Club Road, Golden, CO 80401, phone: 303-526-0668, including its board of elders, deacons, pastors, employees, volunteers and all other members of the church and their families, foundations or organizations affiliated with Rockland Community Church.
 - b. The term ‘‘Participant’’ means any person who goes on any portion of the Trip.
 - c. The term ‘‘Trip’’ means the entire excursion to the State of North Dakota from the departure from one’s home to the return to one’s home, including any side trips to other sites, and any extensions to the group travels.
2. Participants understand and agree that the Trip will expose them to risks and hazards of traveling and living in a remote area, including personal injury, thefts, construction accidents, airplane accidents, vehicular accidents, disease, animal attacks, insect bites and stings, acts of war and others. While none of these events is expected, the risks for same always exist.
3. Participant’s activities may be strenuous and too much exertion may be dangerous to some. Participant should consult with their physician before engaging in strenuous activities.
4. Participants agree that they are up to date on their vaccinations or knowingly declined to get such vaccinations.
5. The Participant agrees to:
 - a. Follow reasonable instructions from leaders of the Trip.
 - b. Voluntarily, willingly, and knowingly ASSUME ANY AND ALL RISKS, known and unknown, in any way associated with the Trip.
 - c. Not bring or attempt to bring with them any substance or item that is prohibited for commercial airline travel or which is prohibited, banned or illegal in the United States, including any drugs, alcohol or weapons.
 - d. RELEASE, IDEMNIFY, AND HOLD HARMLESS the Church from and against any claims, demands, actions, liens, rights, subrogated or contribution interests, debts, liabilities, judgments, costs, and attorney’s fees, arising out of, claimed on account of, or in any manner predicated upon the Participant’s participation in the Trip, including any loss or damage to property or the personal injury or death of any person which may occur as a result of the Participant’s participation in the Trip, even where that loss, damage, personal injury, or death is caused or contributed to in any manner, by the Church.
6. The Participant hereby covenants and agrees that he/she will never institute, prosecute or in any way aid in the institution or prosecution of any demand, claim or suit against the Church for any destruction, loss, or damage to the Participant’s property, or the personal injury or death of Participant which may occur as a result of the Trip.
7. The Participant grants express, voluntary, and knowing consent to the rendering of all emergency medical or dental treatment that may, in the professional judgment of a qualified medical or dental officer, become necessary while participating in the Trip. Transportation to a local facility may be required.
8. This Release, Indemnification, Hold Harmless Agreement and Agreement Not To Sue shall be interpreted according to Colorado law. It is to be construed as broadly and inclusively as is permitted by relevant state law. If any portion of this document is held invalid, the balance shall continue in full force and effect.

Participant’s Name (Please Print)

Participant’s Signature

Parent or Legal Guardian (if participant is under 18)

Date

Rockland Senior High Mission Trip 2011 Permission and Medical Consent/Release

_____ has my permission to attend Youth Mission Trip on June 3, 2010 through June 13, 2011 with Rockland Community Church. In an emergency, I will be available at the following phone numbers:

If I cannot be reached, please contact:



Parent Signature

Date

Name

Phone number

Relationship to child

Medical Consent and Release Agreement

We authorize Rockland Memorial Community Church, its agents and employees, to consent to any X-ray examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care to be rendered to _____ (name of minor) under the general or special supervision and on the advice of any physician or dentist, and agree to hold Rockland Community Church, its agents and employees free and harmless from and against any claims, demands or suits for damages from any injury or complications whatsoever which may result from such treatment.

Name and signature of parent or guardian:



Insurance Information

Insurance Company

Name and Address: _____

***INCLUDE A COPY
OF YOUR
INSURANCE CARD***



Policy Number: _____

Does your student have any allergies? _____

Medications your student takes and the dosages: (make sure your student has the medications with them or give the medications to an adult leader)

 **Signature needed on other side or on 'Hold Harmless' page**

**2011 Alternative Transportation Schedule
(for those not traveling in the bus with Rockland)**

Name: _____

Are you arriving later or leaving earlier than the rest of the group? If so, when? _____

For the majority of the group the trip begins the morning of June 3th taking a bus to Medora, North Dakota and ends the evening of June 13, arriving by bus at Rockland.

We will arrive in Dickinson, ND the morning of June 5th and go to services at the Evangelical Bible Church, where we will stay for the week. We will begin our work week on June 6th and work through June 10th. On Saturday the 11th we will travel by bus to Rapid City, S.D. where we'll stay at the Mount Rushmore/Hill City KOA (Kampgrounds of America). Monday the 13th we'll return to Rockland by bus.

If you are flying to or from, or driving separately from the rest of the group, please let me know. Give me the flight information if you're flying. Thank you!

Travel to North Dakota:

Day/Time: _____

Travel Information: _____

Travel from North Dakota or Rapid City:

Day/Time: _____

Travel Information: _____

Rockland Community Church Youth Mission Trip Covenant

In order to have a safe and life-changing mission experience, clear expectations are needed between all who are involved. We desire to serve communities without bringing them any harm. As a result, we ask all participants of Rockland's trips to agree to the following expectations in accordance with the purpose of this mission trip.

- Because I want to truly help others as Jesus did, I agree to bring a servant and joyful attitude. I understand that I am on the trip to serve God, help a community, build new relationships and learn new things. I agree to come prepared to do so!
- Because I am aware that my actions have consequences beyond myself, I agree to obey all local laws and ordinances, especially those pertaining to use of drugs and alcohol by minors. I will not bring or use illegal substances or misuse legal substances on any Rockland trip.
- Because I want nothing to distract me during the short mission week, I understand that I am not to bring to the worksite or to RCC meetings and worship services any electronic equipment that could potentially isolate me from those around me, including cell phones. I also realize that these valuables are more susceptible to theft at mission sites.
- I agree that this mission week is a group experience. I will do my best to build community, create relationships, be welcoming and include others. I agree to treat everyone – leaders, staff, other groups and community members – with the utmost respect.
- Because I know that how I treat people's things makes a statement, I agree that I will respect the property of all participants, the community members and the housing site in which we stay. I will conduct myself as a representative of Jesus Christ at all times, remembering the purpose of the trip and my responsibility as a witness to the community.
- Because I know that my parents and leaders care about my well-being, and because I want to be safe, I agree to stay within the designated boundaries, stay in groups of three or more, respect gender specific areas (sleeping rooms and restrooms), follow rules at the ministry sites and communicate with my group.
- Because I know that I am representing Jesus Christ and want to respect the people around me, I agree to follow the clothing policy. I understand that the way I dress can affect my ministry and I will respect my group, the community and myself by dressing modestly.

I agree to follow all of the above expectations because I desire to represent Jesus in a positive manner at all times.

Participant signature date

Parent/Guardian signature date

Rockland Clothing Policy

North Dakota weather: the average temperatures range from 48 – 78 degrees. June is their rainiest month!

Tops: Tops must not be low cut, and must cover the entire midriff when the arms are extended overhead
No tank tops or spaghetti straps during mission week, at the mission or at the EBC (church we're living in)
(ok otherwise)
Guys will wear shirts at all times unless they are swimming

Bottoms: Pants must be worn **at the waistline**. Guys – no underwear showing!!!

No low cut jeans or shorts

Pants should not be inappropriately tight

Pants should not drag on the floor

Shorts and dresses **must be** at least as long as the fingertips when arms are at rest down by the sides.

Swimwear: Girls must wear one-piece or modest 2-piece with a cover.

Guys – no speedos

Unacceptable dress includes: Don't bring clothes that have any offensive words, pictures, icons, or negative influence TV shows/movies. If you're in doubt, ask a leader.

WHEN IN DOUBT, IT IS BEST TO LEAN TOWARDS THE CONSERVATIVE SIDE.

If you are inappropriately dressed you will be asked to change. If you didn't bring the right clothes with you, you'll have to buy appropriate clothing with your own money. **To avoid this, bring the correct clothing!!!!**

What to Bring

Clothing: IMPORTANT! FOR THE WORKSITE YOU MUST WEAR:

LONG PANTS

SHIRTS WITH SLEEVES

CLOSE TOED SHOES

Jeans or pants 2 - 3 pair (a pair for clean-up work and/or painting jobs)

Appropriate length shorts (fingertip length, nothing shorter!)

Shirts, t-shirts, short-sleeved shirts, etc. (enough for 11 days, no laundry)

Light jacket or hoodie, etc.

Underwear, Socks

Pajamas

Swim suit (ladies, one piece or modest 2-piece with cover-up)

Tennis shoes or closed-toed shoes for work

Flip-flops for showers

Sunglasses

Toiletries: Something to transport shower stuff (we'll shower after work at the Rec center and take shower supplies with us in the mornings)

Towel: 1 Beach 1 bath/washcloth

Toothbrush, toothpaste, deodorant, soap, etc.

Hair dryers etc. may be hard to use during the Mission week, there may not be space/time/outlets.

Sunscreen

Sleeping Gear: Sleeping pad or twin blow up mattress

Sleeping bag or equivalent

Pillow

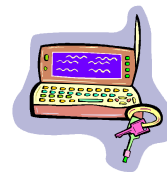
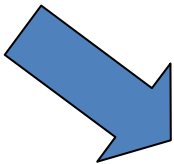
What to bring (continued)

- Other:** Bible (a journal and pen if you'd like to bring one)
Extra glasses or contacts
Water bottle (very important)
Camera
CD player/IPOD etc. ONLY WITH EAR PHONES! (**Remember**, their safety is **YOUR** responsibility!)
Snacks for the trip up.
DVD's if they're rated G or PG (PG-13 with approval from Ed)
- Supplies:** A water bottle for yourself – very important!
A paint brush
Work gloves
- Money:** You'll need money for: 5 meals, snacks, & souvenirs.
- DO NOT BRING:** Alcohol, drugs, weapons of any kind or anything you don't want to lose.

Rules for Cell Phones and Electronic Equipment

Before and after the mission week we would like your cooperation by using your phone and electronic gear in the following ways:

1. Cell Phones, iPods, CD/MP3 Players, Lap tops, Portable DVD players, Hand-held games: They can be a distraction, and we would like you to take full advantage of all that we will be doing on this trip.
2. You may use them in appropriate ways at the appropriate times
3. If we find that you are texting (sending or receiving) inappropriate material you will lose the privilege of having your phone. Please do not bring inappropriate music to listen to either.
4. We would like you to be considerate of others around you, do not use your phone or other electronic items after lights out (this means in or out of the sleeping area and not in the restrooms either)!
5. Several people may need to use the same outlet to recharge their phones etc., share!
6. All DVD's - they must be approved by a Rockland staff member. (rated G – PG only)
7. The leadership has the right to take away any item that the leadership deems inappropriate or is being used in an inappropriate way.



YOUR GEAR IS YOUR RESPONSIBILITY, IF IT GETS LOST OR DAMAGED, WE WILL NOT REPLACE IT OR HOLD UP THE GROUP AN INORDINATE AMOUNT OF TIME TO FIND IT! WE CANNOT GUARANTEE THERE WILL BE A SAFE PLACE TO STORE VALUABLE ITEMS!

Overview of Mission Trip 2011 Schedule:

(We must be flexible and expect some minor changes)

Friday, June 3: Arrive at Rockland by 6:30 am.

Friday, June 3: Arrive at Badlands Ministries Camp, Medora, ND during the evening.

Saturday, June 4: We'll have some team building experiences on this day and meet some of the kids from Evangelical Bible Church who will be working in Mandaree with us!

Sunday, June 5: Breakfast at the camp and then to church services in Dickinson at Evangelical Bible Church. We'll also be 'living' there for the week. We'll begin planning our week on this afternoon.

Monday, June 6 - Friday, June 10: We'll be bused up to Mandaree, ND (about 1 hr) each day to work.

Saturday, June 11: Early breakfast and goodbyes! Then we'll head for Rapid City, South Dakota!

Sunday, June 12: We'll visit Wall Drug and do some other fun activities!

Monday, June 13: Breakfast at the KOA and head back to Rockland!

Meals and Money Needs for Youth:

B-Breakfast, L-Lunch, D-Dinner

Bolded means—you buy

Friday, June 3: Bring food with you on the bus. We'll be on the bus for **L** - and will stop in Lusk, WY to eat at a pizza/sandwich place.

Friday, June 3: D—at the camp

Saturday, June 4: B—L—D—at the camp.

Sunday, June 5: B—at the camp. L—D—at the church.

Monday, June 6—Friday, June 10: B—at the church. L—at the lake. D—at the church.

Saturday, June 11: B-at the church. L—wherever we stop. D—Ed will buy:)

Sunday, June 12: B-KOA. **L**—Wall, S.D. D—on Ed!

Monday, June 13: B—KOA. **L, D**—on the road, we may get home before dinner.

There will be opportunities to purchase snacks and souvenirs at different times during the trip. You will need to have money for 4 lunches and 1 dinner.

PHONE LIST FOR 2010 MISSION TRIP

Pertinent phone numbers:

Rockland Community Church 303-526-0668

Adult Cell phones:

Ed Lange	303-229-6588
Kathryn Herrmann	303 524-5573 (can text/receive e-mail)
Judi Hine	303-330-5016
John Barton	303-880-9763
Karen DuWaldt	720-971-8569
Jerry Hintz	303-704-3475
Lori Kaufman	303-667-5723
Ryan Lucas	303-359-1630
Susan Schwarz	720 334-3326

(there are other adults going, just don't have their numbers at the time of this printing)

Places:

Evangelical Bible Church, Dickinson, ND 701-227-1464

Kampgrounds of America, Hill City, SD – 605-574-2525